

Faith and Wellness Fair

About this ministry: This opportunity aligns with Grace's vision and purpose. It provides an opportunity to learn about wellness, fitness and community resources. The event is open to the community and provides resources and activities for all ages. Some Examples are: blood pressure, posture screening, fitness obstacle course, nutrition, and faith & wellness resources.

This outreach is managed by the Staff Parish Relations Committee and Exercise Science Students at Grove City College.

Ways others can help serve in this ministry:

- Participate in this event
- Volunteer with set up and clean up the day of event
- Recruit sponsors
- Distribute flyers
- Bring someone outside the church to the event

For more information contact Paula Anderson paulaanderson64@gmail.com